## **ICAR-ATARI, Kanpur organized Virtual Review Workshop on NARI Project**

On 07-08 April 2021, a review workshop of NARI (Nutri-Sensitive Agricultural Resources and Innovation) project was organized online in ICAR-ATARI Kanpur.

In the workshop, Dr. AK Singh, Deputy Director General (Agricultural Extension) ICAR saw the presentations of KVKs and appreciated it. He said that this project is a womenbased and nutritional-based project. Awareness is important for right nutrition. If you do not know the diet with the right nutrients, then you will be malnourished. In the first situation, if you are financially rich and have awareness, then the food items with essential nutrients can be purchased and eaten from anywhere. In second situation, you can grow and eat and in the third situation, women should be made aware through women-centric programs. Health is a subject that is also greatly affected by changing of environment. There should be only one Nutri-Garden in every KVK. 100 Anganwadi workers should be trained by the KVKs and develop them as master trainers. Identify 10 Anganwadi centers for development of Nutri-Garden through Anganwadi workers. 'Wadi' in Anganwadi means garden. Local grown foods should be given priority, also provide information to local women on how to use them in Nutri-thali. Each KVK should develop maximum 2-3 types of Nutri-thali. 75 biofortified varieties developed by ICAR have been released. It is necessary to get their information and put demonstrations on them. It is also necessary to identify nutrient deficiency in soil, water, animals etc. in the district. For example, if there is no zinc in the soil of an area, then there will be no zinc in any crop there likewise in water and animal based products. Documentation of NARI project should be done so that the work done in this project can be shown at the national level.

Dr. Atar Singh, Director ICAR-ATARI Kanpur narrated that NARI Projects is an important project to eliminate malnutrition in the country. The KVKs should demonstrate fortified verities of crops and new technologies and inform the local women about the products grown in the Nutri-Garden for round the year availability of vegetables & fruits, analyze the products which have high amount of nutrients and encourage & train the rural women for use of those products.

Dr. Sadhna Pandey, Principal Scientist (Home Science Extension) conducted the workshop. She said that this is a nutrition-related project, its goal is to eliminate malnutrition among people, especially women and children and improve their nutrition. This project will run in all Krishi Vigyan Kendras. This project is running under the leadership of home scientists in Krishi Vigyan Kendras. Under this Project, setting up of Nutri-Garden in KVK campus and making its information available to farmers, training of anganwadi workers, mapping of nutritious plants and crops, making nutritious plate etc. is important.

In the workshop, Principal Scientist Dr. Shantanu Kumar Dubey, Principal Scientist Dr. Raghwendra Singh from ICAR-ATARI Kanpur and more than 100 KVK Heads & Home Scientists of all KVKs were present and attended the workshop.



